

30年创始人专注教育行业

全的学练考

选择性必修第二册 WY

高中英语



本书为智慧教辅升级制

"讲题智能体"支持学生聊着 学,扫码后哪里不会选哪里;随 时随地想聊就聊,想问就问。





图书介绍

培养核心素养,聚焦主题语境

Unit 1 Growing up

主题素养积累

As children, we all dream of what we want to be when we **grow up**. Often, many young children will say that they want to be actors, singers, pop stars or models. Some will say that they want to become teachers, firefighters, or police officers. Others want to be astronauts, scientists or explorers.

When I was young, I wanted to be a fashion designer. I went to London Fashion Weekend and the Clothes Show Live in Birmingham and worked very hard at school to get good grades. Firstly, I applied to study fashion design at university. When I got there, I hated the courses. For some reason, which is still unknown to me, I no longer wanted to become part of the fashion industry.

I now study French. I'm twenty, which many children would say is "grown-up", yet I still don't know what I want to do when I finish and hopefully figuring out if it's something I would like to do more of in the future.

I think that our choices can be heavily influenced by our parents. Some parents only want their children to study subjects like engineering, maths, science or medicine. Young people may be pressured into studying certain subjects, which can be stressful.

At the end of the day, there's no rush to decide what you want to do with the rest of your life. Many people change careers several times during their lifetime, so there's always time to pursue a different career path!

【主题词句背诵】

- 1. grow up 长大
- 2. look forward to 盼望
- 3. try out 试验,尝试
- 4. figure out 弄明白

夯实语言基础,搭建知识框架

词汇点睛

1. in charge of 负责;掌管;照料(表状态)

(教材 P2)Will you be completely **in charge of** your own life and able to express yourself in new and exciting ways?

你将会完全负责你自己的生活,并能够以新的、令人 兴奋的方式表达自己吗?

(1) charge n .	主管;要价,收费;指控;
	充电量,电荷
take charge of	掌管/负责(表动作)
in the charge of sb = in	one's charge
	由某人负责;由某人照料
free of charge	免费
(2) charge v .	收费;指控;充电;猛攻;
	猛冲;向方向冲去

句型透视

1. (教材 P3) I expected to feel instantly different, as if I had closed the door on my childhood and stepped into a whole new adult world. 我曾经期待马上就会有不一样的感觉,就好像我关上了童年的门,走进了一个全新的成人世界。

句型公式

as if(=as though)引导方式状语从句

【句式点拨】

as if 既可以引导方式状语从句,也可以引导表语从 句,意为"仿佛,好像"。as if 从句所表示的情况是事 实或具有很大可能性时,通常用陈述语气;当其所表 示的情况不是事实,而是主观的想象或夸大性的比 喻时,通常用虚拟语气,其从句时态变化如下:

多维度设置练习,精选语篇,针对有效

课内基础巩固

- 单词拼写(每小题1分,满分5分)
- Both of us had the qualities and ______(美德) that are typical of Chinese actors: humour, integrity, and making fun of each other.
- Despite his young age, Tom has a ______(成熟的) approach to problem-solving, always thinking carefully before making decisions.
- I explained to him that an _____ (救 护车) would be arriving instantly at the scene of the accident.
- **4**. The s______ increase in her grades reflects Sarah's hard work to improve her academic performance this term.
- 阅读理解(每小題 2.5 分,満分 10 分)
 [2025・广东江门高二期末]

Just as the shiny brochure promised, from the moment I set foot on the Harvard campus last fall, I was exposed to an exciting and enlightening new world.

I was born and raised 1,500 miles away, in a small apartment in Jackson, Mississippi. I am an only child, so my mother overpowered me with her love. For someone who sees so much beauty in the world, she worked awfully hard to protect me from it. Television, rap music, and even basketball with the kids on the block were beyond consideration. It left me a bit bitter as a teenager, but I grew to appreciate her enormous sacrifices (牺牲)—walking me to the

- 6. She made a _____ (commit) to keep the household running smoothly despite her busy schedule at work.
- If you could come, there is no need for you to take food but you'd better wear sports shoes and (suit) clothes.
- The ______ (approve) of the new project tempted many investors to join the venture.
- ① 短语填空(每小题2分,满分12分)
- Reaching this milestone in the project is difficult, but ______ (至少), we must ensure that all tasks are completed on time.
- 2. The company belongs to everyone, so all of

课后素养提升

acceptance into Harvard three days before my birthday. That night, after all of the celebratory texts and hugs, I sat in my room and began to cry uncontrollably.

Over the course of this year, I have changed in ways I never anticipated. I think I know now why my mother let me go. Harvard has forced me to grow and take a fair look at the world, and at myself. Needless to say, I would not trade the experience for anything.

- ()**1**. What made the young author upset?
 - A. Living in a small apartment.
 - B. Being forced to go to the library.
 - C. Seeing his mother take multiple jobs.
 - D. Bein unable to row as he wished.

重视新高考写作,熟练高考新题型



🕕 写作

第一节 应用文写作(満分15分)
 [2025・陕西西安高二期末]
 假如你是李华,寒假期间你市将举办首届

美食节,组委会打算招聘一些英语志愿者,请你 用英语写一封申请信。内容包括:

- 1. 写信目的;
- 2. 介绍自己为何符合志愿者要求;
- 3. 表达期望。

注意:1. 写作词数应为80个左右;

- 2. 请按如下格式在相应位置作答。
- 参考词汇:协调 coordination

Dear sir/madam,

I am writing to express my interest in the

第二节 读后续写(满分25分)

阅读下面材料,根据其内容和所给段落开 头语续写两段,使之构成一篇完整的短文。

Max arrived at an office, for his first interview. He used to live with his parents. He was frustrated with his parents blaming him for every little thing he did at home.

While waiting for the interview, he was thinking, "Only if I succeed in today's interview will I say goodbye to my parents' house and settle down in the big city, which will let me avoid having to listen to my parents' complaints about little things all the time."

He started thinking about little things his



01 Unit 1 Growing up

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● 单元小测(Uni	it 1)	013



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M ^{默写本}

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■参考答案 (练习册) [另附分册 P091~P114]

■ **导学案** [另附分册 P115~P192]

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Unit 1 Growing up

Period One Starting out & Understanding ideas

课内基础巩固

- 单词拼写(每小题1分,满分5分)
- Both of us had the qualities and
 (美德) that are typical of Chinese actors:
 humour, integrity, and making fun of each
- other. 2. Despite his young age, Tom has a (成熟的) approach to problem-solving, always thinking carefully before making
- decisions. 3. I explained to him that an _____ (救 护车) would be arriving instantly at the scene of the accident.
- **4**. The s______ increase in her grades reflects Sarah's hard work to improve her academic performance this term.
- Over time, there has been a g______ improvement in his English skills, thanks to daily practice and persistent effort.
- 单句填空(每小题 1.5 分,满分 12 分)
- Her _____ (selfish) act of donating books to the local library has inspired many in the community to contribute in their own ways.
- He has not yet announced whether he will stand in this _____ (elect).
- Taking an _____ (legal) loan can lead to serious financial and legal problems, harming your credit and peace of mind.
- **4**. She didn't want to _____ (obey) her parents' wishes, but she felt that pursuing her dreams was the right path to follow.
- The _____ (library) appreciated her job's wage, which allowed her to support her family while she was developing a love for reading.

- 6. She made a _____ (commit) to keep the household running smoothly despite her busy schedule at work.
- If you could come, there is no need for you to take food but you'd better wear sports shoes and (suit) clothes.
- The _____ (approve) of the new project tempted many investors to join the venture.
- ① 短语填空(每小题2分,满分12分)
- Reaching this milestone in the project is difficult, but ______(至少), we must ensure that all tasks are completed on time.
- The company belongs to everyone, so all of us ______(有发言权).
- All the peace-lovers don't _____(赞成) violence in any shape or form.
- If you want to be the person ______(驾驶汽车), you must have a driving licence.
- Officials (负责) the camps say the system is now running extremely well.
- 6. The company _____(为……负责) the environmental damage and committed to a full cleanup and restoration.
- 句型训练(每小题3分,满分9分)
- 1. He had a thick moustache and long white hair, which sometimes stood on end _____

an electric

shock. (receive)

他留着浓密的胡子和长长的白发,白发有时 会竖起来,好像他刚刚触电一样。

I ______ the paper on time yesterday, for which my teacher praised me. (强调谓语) 我昨天确实按时交了卷子,老师还因此表扬 了我。



然信了她。

● 阅读理解(每小题 2.5 分,満分 10 分)
 [2025・广东江门高二期末]

Just as the shiny brochure promised, from the moment I set foot on the Harvard campus last fall, I was exposed to an exciting and enlightening new world.

I was born and raised 1,500 miles away, in a small apartment in Jackson, Mississippi. I am an only child, so my mother overpowered me with her love. For someone who sees so much beauty in the world, she worked awfully hard to protect me from it. Television, rap music, and even basketball with the kids on the block were beyond consideration. It left me a bit bitter as a teenager, but I grew to appreciate her enormous sacrifices (牺牲)—walking me to the library every afternoon, labouring at multiple jobs to keep food on the table, and telling me stories late into the night.

When I announced the summer before my senior year of high school that I had decided to apply to a school in New England, I noticed her hesitant look before a warm smile enveloped her face. I pretended not to see, but I was never able to forget it. I tried to explain my reasons for wanting to leave—to prove I was smart enough, fear of taking the path of least resistance, the classic teenage feeling of being trapped—but the words just made me sound shallow and ungrateful.

Nevertheless, I began to work on the college applications—an early one for Harvard and roughly a dozen others standing by. I knew the chance of getting into Harvard was not in my favour. To my joy, I was notified of my

acceptance into Harvard three days before my birthday. That night, after all of the celebratory texts and hugs, I sat in my room and began to cry uncontrollably.

3. She tempted me to buy the car, saying it

她骗我买这辆车,说它是崭新的,我蠢到竟

was brand new and I was

Over the course of this year, I have changed in ways I never anticipated. I think I know now why my mother let me go. Harvard has forced me to grow and take a fair look at the world, and at myself. Needless to say, I would not trade the experience for anything.

- ()**1**. What made the young author upset?
 - A. Living in a small apartment.
 - B. Being forced to go to the library.
 - C. Seeing his mother take multiple jobs.
 - D. Being unable to grow as he wished.
- ()**2**. What was the mother's first response to the author's decision?
 - A. She was worried about it.
 - B. She laughed at it.
 - C. She approved of it immediately.
 - D. She turned a deaf ear to it.
- ()**3**. What did the author say about his admission to Harvard?
 - A. It deserved a big celebration.
 - B. It served as a belated birthday present.
 - C. It was beyond his expectations.
 - D. It was a favour he owed his mother.
- ()**4**. Which of the following can be the best title for the text?
 - A. Lifelong learning in Harvard
 - B. Reflections on the road to Harvard
 - C. What Harvard means to my mother and me
 - D. How Harvard shapes my teenage years

5

班级

⑦ 阅读七选五(每小题 2.5 分,满分 12.5 分) [2025・福建南平高二期末]

Being a teenager can be difficult, since you're dealing with higher expectations and finding your place in the world. 1. _____ If you're looking to making your life enjoyable, there are many things you can do!

Focus more on your own thoughts.

The teenage years may be full of worries, which are mostly based on what other people think. Stop paying so much attention to them and do what you want to do in life. 2.______ It's OK to have your opinions, but you can't start an argument in an inappropriate way.

Discover and engage in your interests.

3. _____ It's never too late to develop a hobby that interests you. Maybe you'll even find your life passion! Now it is the time to experiment. Don't stick to just one sort. From fashion to music, you can explore all kinds of possibilities.

Find friends inspiring you to be your best.

You don't need to be at the top of the social food chain and know everybody at school, but you should at least try to have a few faithful friends throughout your teenage years. Friendships are a good place to build your social skills, and building stable relationships with others can help you determine what you can be. 4.

Do things that make others happy.

Consider doing basic things to help people have a brighter day—tell someone they look fantastic, hold the door open for others, etc. 5._____ Get ready to help to make the world a better place by making others' lives more enjoyable!

A. Don't be afraid to try new things.

- B. Of course, there are also some limits to this.
- C. These basic helps can improve self-development.
- D. Friendship is the building blocks for all

relationships.

- E. Something that seems little to you can cheer others up.
- F. But that doesn't mean you can't enjoy the teenage years.
- G. Most importantly, life becomes easier and brighter with friends.
- 语法填空(每小题 1.5 分,满分 15 分)
 [2025・江西宜春高二期末]

My relationship with needles was not very close. I only recently overcame my fear of getting my blood drawn. So when I 1.

_____ (offer) the opportunity to try acupuncture (针灸) for the first time for my anxiety and 2._____ (tense), I was uneasy.

Anyway, I tried out New York's newly opened acupuncture studio, WTHN. The place beautiful, simple but modern. is My Ι acupuncturist first inquired 3. was looking to achieve by completing this session. Then I settled facedown onto the heated table and comfortably lay there 4. the guidance of the acupuncturist. She inserted (插 λ) hair-thin needles into my ankles and slowly worked her way up, 5. (hit) certain points throughout my body, until she arrived at my head. With each needle, I felt a bit of pressure, but no pain. After all needles were inserted, she explained that I was going to lie in 6. position for the next 20—25 minutes to let 7. (they) work magic.

The idea of needles being placed into certain parts of your body sounded like a horror film when 8. _____ (describe) out loud for me; however, after trying acupuncture, I could tell you that it was 9. _____ (complete) different. This approach allowed me to calm down totally 10. ______ step away from the things that were causing me stress to focus on my health.



● 单句填空(每小题 1.5 分,满分 12 分)

- I am going on a dream vacation to Hawaii. While you are doing household chores, I
 (lie) on a sunny beach.
- **3**. I _____ (have) a science class at 2 o'clock tomorrow afternoon, so I can't attend the basketball practice.
- 4. At 9:00 am next Sunday, I _______(listen) to some renowned doctors talking about organ donation.
- If you plant watermelon seeds in spring, you
 (eat) fresh watermelon in fall.

- 语法+写作(每小题3分,满分12分)
- I'm sick of rain and the bad weather! Hopefully, when we wake up tomorrow morning, ______. (shine) 我受够了雨和坏天气!希望我们明天早上 醒来时,阳光灿烂。
- At this time tomorrow morning, our students _______ on campus for the celebration of the Adulthood Ceremony.
 明天早上这个时候,我们的学生将聚集在校园里参加成人典礼。

3. You'll recognize me when you get out of the station. I

你出站的时候就会认出我来。我将穿着牛 仔裤和白 T 恤衫。

 Next week, I will be on my winter holiday. My whole family

from Melbourne on Monday.

下周,我将放寒假。我全家星期一将从墨尔 本飞往北京。

● 语篇语法填空(每小题 1.5 分,满分 15 分)

In the not-too-distant future, we will be living in smart homes that will lock the door and switch off the TV automatically. These smart homes will keep us secure, save us energy, and provide a more comfortable environment 1. (live) in.

First, we 2. _____ (use) advanced technology every day for automatic control of just about everything in our home. You will no longer have to think about turning switches 3. ______ and off yourself. Your home will also learn your 4. ______ (day) routine and preferences, so everything will be ready for you when you get home each evening. Your lights will come on 5.

instant you enter the door along with your favourite music or TV programmes, and you will find your dinner already 6.

(prepare) for you. In addition, your smart home will be monitoring your health for you every day. If you start to have sleep or weight problems, it will send a 7.

(warn) to your phone. Smart toilets will be keeping constant track of your health as well. They can warn you early on if there is something 8. _____ (normal) or if you have a critical illness. What's more, smart homes will be able to prevent serious damage from accidents.

Many of these new 9. _____ (innovate) are already available and being used in some homes. Nevertheless, it will take some years 10. _____ most new homes begin to use this new technology.

课后素养提升

● 完形填空(每小题1分,满分15分) 「2025・河北石家庄高二期末」

When I was in Westwood High School, history came alive with Mr Jacobs' creative teaching. Unlike the usual 1, his classes were filled with discussions and activities that made learning history 2.

One day, during a lesson on the Renaissance, Mr Jacobs had us break into groups to discuss the impact of the <u>3</u> on society. My group was <u>4</u> puzzled, but he inspired us, saying, "Your opinions matter." So we dove into the debate, and I found myself <u>5</u> the role of art in shaping culture. That moment ignited (点燃) my <u>6</u> for debate.

Mr Jacobs <u>7</u> my enthusiasm and gently pushed me to join the debate team of our school, which significantly boosted my confidence. His <u>8</u> in our abilities was infectious, and I felt it every time he said, "You can achieve more than you think."

In a history class of the second year, I was <u>9</u> about answering a question. With a smile, Mr Jacobs <u>10</u> me and said, "Take a chance, even if it's not perfect." I did, and it <u>11</u> a class discussion that enriched my comprehension.

I am <u>12</u> for Mr Jacobs' influence and carry with me the lessons of <u>13</u> he taught. Mr Jacobs was more than a teacher; he was a role model who <u>14</u> my path to success. I will always <u>15</u> the great influence he had on my high school experience.

on	III y I	ingli senoor experience		
()1.	A. performances	В.	lessons
		C. exams	D.	chances
() 2 .	A. unforgettable	В.	boring
		C. difficult	D.	moving
() 3 .	A. technology	В.	art
		C. agriculture	D.	computer
() 4 .	A. frequently	В.	slowly
		C. initially	D.	instantly
()5.	A. advocating	В.	searching
		C. applying	D.	preparing
() 6 .	A. fear	В.	respect
		C. support	D.	passion
() 7 .	A. ignored	В.	changed
		C. recognized	D.	decreased
() 8 .	A. talent	В.	fault
		C. shift	D.	faith
() 9 .	A. excited	В.	worried
		C. curious	D.	proud
()10	. A. encouraged	В.	warned
		C. forced	D.	promised
()11	. A. subscribed to	В.	engaged in
		C. brought about	D.	picked up
()12	. A. suitable	В.	beneficial
		C. sorry	D.	grateful
()13	. A. patience	В.	courage
		C. integrity	D.	generosity
()14	. A. paved	В.	defended
		C. approved	D.	generated
()15	. A. adopt	В.	obey
		C. remember	D.	protest

● 阅读七选五(每小题 2.5 分,満分 12.5 分)
 [2025・广东揭阳高二期末]

班级

姓名

答 题 区 号

完形

填空

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七选五

As a baby, Jack's remarkable swimming journey began. At ten months, he already practised with swim aids. At six, he won his first swimming competition in a group for kids ten-and-under. At seven, he stayed at the pool from nine in the morning till eight hours later. His mother, recognizing his gift, took it as her duty to guide him. 1. _____ By a young age, Jack had been ranked the number one swimmer of the country, a title he held for a recordbreaking duration.

2. _____ He played tennis, soccer, skiing and many more. Sam was a kid who loved to play, and his parents had no particular athletic ambitions for him. It was nearing his teens that he began to focus more on basketball. 3. _____ In his mid-thirties, an age by which many professional basketball players are typically retired, Sam was still in the national basketball team.

Top athletes like Jack at the peak of their abilities do spend more time on focused, deliberate practice than their peers (同龄人). But scientists also find that potential champions typically devote less time to deliberate practice in childhood, but more to "sampling" various activities. 4.

In a world that demands people to specialize early, we face a challenge to keep the benefits of diverse experiences and delayed concentration. There's a need for those with Jack's early focus. 5. _____ — People who start with many different things and accept various experiences. People with range.

A. There was no time to waste.

- B. And it was all going according to plan.
- C. The growing complexity of the world also calls for more Sams.

- D. But it didn't seem to hold back his development in the long run.
- E. In reality, the Sam's path to success is far more common, yet less told.
- F. In contrast to Jack, Sam didn't show significant sporting talent until later.
- G. Unlike the swimming talent, Sam's early years were filled with a variety of sports.

● 语法填空(每小题 1.5 分,满分 15 分)

In his book, *Intentional Living*, author John C. Maxwell shares that back in 1976, he received a gift from one of his 1._____ (friend). As he opened the gift, he saw that it was a book 2._____ (name) *The Greatest Story Ever Told*. He couldn't wait 3._____ (read) it.

But when he opened the book, he was 4. ______ (astonish) to see that the pages were blank. Inside the book was 5. ______ note that said, "John, your life is before you. Fill these pages 6. ______ kind acts and good thoughts of your heart. Write a great story about your life." The intention of writing the story of his life excited him. Then, he 7. ______ (begin) to write his book.

Every day we live out our story through our words, actions and decisions. But we must remember to live with the intention to focus on what 8. _____ (matter) most in life and to regain that focus when we get changed. Without intention, we can become focused on things 9. _____ needn't be added to a life of significance and difference in our world.

Life isn't perfect and it's always hard, so we need reminders in our life from a friend, writer, blogger, pastor or our inner spirit to refocus us on the things that matter and make us live 10. _____ (positive).

Period Three Developing ideas

课内基础巩固

● 单词拼写(每小题1分,满分5分)

- The lion began to _____ (咀嚼) its prey after a successful hunt in the region.
- I find it very _____ (令人厌烦的) to do the same job day after day, so I want to make a change.
- He _____ (珍惜) the colourful necktie his daughter gave him as a Father's Day gift.
- Aiming to create a _____ (杰作) dish, the skilled chef carefully selected a series of delicate ingredients.
- Her daily r _____ includes a morning commute to work that takes approximately 45 minutes by train.
- 单句填空(每小题 1.5 分,满分 12 分)
- He saw no _____ (evident) of steady economic growth, which worried him.
- 2. He has a delicate _____ (digest) and cannot eat oily food.
- Our oceans are full of plastic waste, and some animals end up (swallow) the plastic and dying.
- 5. There is no denying that Leslie Nielsen's
 (devote) to acting is wonderfully inspiring.
- 7. The airline has improved its business model in recent years, so its profits have been (steady) increasing.

- The _____ (politics) debate between candidates covered diverse topics, from healthcare to economic policies.
- ① 短语填空(每小题2分,满分16分)
- He _____ (成功) getting his plan approved although he met with a great many difficulties.
- You ought to ponder whether to _____
 (留出) some free time to have relaxation.
- 3. I_____(投身于) this cause for many years and I am pleased that my commitment is paying off.
- He has a poor education, and worse still, he has no special skills.

(因此) he can only get the minimum wage.

- 5. He was caught _____ (正在) stealing a car, which made his parents disheartened.
- 6. The public is increasingly ______
 (关注) how social media platforms can shake public opinion on politics.
- 7. He saw (一瞥) that she'd been crying, so he went ahead to comfort her.
- 8. It is very important to have a dictionary (近在咫尺) when you are learning English.
- 句型训练(每小题3分,满分9分)
- **1**. We

for Monday morning, so make sure to come on time and bring your textbooks.(have) 我们的课安排在周一上午,所以请准时参加 并带上课本。

2. We stopped for the post; that was _____

_____.(表语从句)

我们停下来等邮件,那就是我们开会迟到的 原因。 , we can

complete them through steady progress by taking persistent action. (tough)

无论面临多么艰巨的任务,我们都能通过坚持不懈的行动,稳步前进,完成任务。

课后素养提升

♥ 阅读理解(每小题 2.5分,満分 20分)
 ▲ 「2025・安徽蚌埠高二期末]

We were standing at the top of a church tower. I saw twisting streets leading to the square. "See, my dear," Father said gently. "There is more than one way to the square."

Father's words always guided me. Dreaming of becoming a fashion designer, I came to Paris, but without luck. Then one day I met a friend wearing a beautiful sweater. "What an interesting stitch!" I cried. "It was done by Mrs Vidian," my friend explained. "She learned the stitch in Armenia, her native country." Suddenly I had a daring idea. Why not design, make and sell my own clothes?

I drew a butterfly pattern and asked Mrs Vidian to knit it into a sweater. It proved a success. A New York store wanted 40 sweaters to be ready in two weeks. I accepted the order. My happiness disappeared, however, when Mrs Vidian told me it took her almost a week to knit one sweater.

I was crushed. Then I remembered Father's words. There must be other Armenian women in Paris who mastered the special stitch. Then I searched for any Armenians living in Paris. At last I tracked down several. Two weeks later, <u>the first shipment</u> was on its way to the United States!

From that day on orders poured in. Then came another test. As I was busy getting ready to show my winter fashions, the sewing girls were called out on strike. Where was the way out this time? I wondered and worried. Then it dawned on me. I worked hurriedly. And right on time, my show took place. Some coats had no sleeves; some were only patterns made of heavy cotton cloth, but on these I attached material to show what colours and textures the clothes would have when they were finished. What a show! Once again Father's words helped me.

- ()1. What problem did the writer face after accepting the order?
 - A. It was impossible for Vidian to meet the deadline.
 - B. The sewing girls were called out on strike.
 - C. She found it hard to track Armenians living in Paris.
 - D. There was a shortage of suitable cloth.
- ()2. What do the underlined words "the first shipment" refer to in Paragraph 4?
 - A. Raw materials.
 - B. More orders.
 - C. The forty sweaters.
 - D. The special stitch.
- ()**3**. How did the writer deal with the show problem?
 - A. She put off the show.
 - B. She showed the clothes unfinished.
 - C. She employed more sewing girls.
 - D. She completed the clothes in a hurry.
- ()**4**. Which of the following might the writer agree with?
 - A. Practice makes perfect.
 - B. Like father, like son.
 - C. Easier said than done.
 - D. All roads lead to Rome.

B [2025 · 江苏徐州高二期末]

A primary school in North Devon with a brand-new mud play area hit the headlines last week.

"We felt that our children needed something better at playtime," said the head teacher, Amy Frost, "The playground before was pristine (整洁的) but there was nothing for them to do. As schools, we have been fearful of allowing our children to take risks. Children don't learn what risk is and how to manage risk." To change this, the school designed different zones for climbing and muddy play.

Frost said there had been a few comments from people who found it "difficult to adjust", but parents were greatly supportive. "My son is caked in mud but he's having fun!" one parent commented. Another said, "We'd rather do extra laundry and see them thrive (茁壮 成长)."

Children today have less access to unstructured outdoor play than past generations Helen Dodd, a professor of did. child psychology at the University of Exeter, said, "The decline in children getting muddy is part of our risk aversion (风险规避). We want to keep children safe, so we stop children from doing the things that children naturally do. If we want to give children space to connect with nature, they need to do that in an unrestricted way, and a consequence is that they might get muddy."

There's also research about the benefits of being in contact with mud, just in terms of the biology of what's in the mud, and how it affects our immune system. Also, in terms of sensory things. Lots of children now have sensory difficulties. They don't like the feel of different things, which might come from being kept overly clean.

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Children had never before seen so much and experienced so little, said Follett. "All of their experiences are secondary, through screens shut in bedrooms. What they're lacking is real primary experience, touching, feeling, practising. You know that feeling of squeezing a handful of mud, and it leaking out through your fingers?"

- ()**5**. Why was a mud play area built in the primary school?
 - A. To hit the headlines of the newspaper.
 - B. To satisfy the parents' needs.
 - C. To teach children to learn about risks.
 - D. To upgrade school facilities.
-)6. What prevents children's outdoor play? (
 - A. Excessive concern.
 - B. School regulation.
 - C. The behaviour code.
 - D. The generation gap.
- ()**7**. What do we know about mud play?
 - A. It may enhance the immune system.
 - B. It leads to sensory difficulties.
 - C. It has become more popular.
 - D. It can cause severe consequences.
-)8. What's the passage mainly about? (
 - A. How parents become so positive.
 - B. Why children experience so less.
 - C. How connection with nature could be built.
 - D. Why kids should be allowed to play in mud.

● 阅读理解(每小题 2.5 分,满分 20 分)

A [2025 · 浙江杭州高二期末]

In 2013, Deegan was trying to take control of her life after winning the fight against drinking. She did quit, but she was having difficulty reconnecting with people. Even looking someone in the eye proved to be difficult. "I was sort of like a shell of a person and just didn't really have many life skills or self-confidence," Deegan said.

However, baking was something that always brought her joy as a child. One day while helping out in the neighbourhood, Deegan picked up a hand-held mixer and started baking. "My life was just out of control, but baking is such a controlled thing, where if you take the right steps and follow the directions, you'll get a pretty exact result," she said.

Deegan started bringing her homemade baked cookies to people's homes, which helped her reconnect with people. "Feeding people is such a universal love language," she said. However, she was still trying to figure out how to find a career at 27 years old. She had no real work experience and she couldn't put "quit drinking" on her résumé.

Deegan's life shifted in 2015. Encouraged by her friends, she challenged herself to see if she could sell just one pie. She sold dozens! She began baking out of her tiny apartment and eventually launched an official business in 2017. She spent four years developing a pie crust cookie recipe, which has since become the bread and butter of her business. "People have been walking, running and lining up to get cookies, and it's just been so magical seeing that," she said.

When she needs more help, Deegan says

she looks for anyone who is just excited to work, even if they don't have any experience. After her own struggle, she realized that the desire to work was better than having a certain skill set. And she became a second-chance employer, hiring women out of prison or the shelter system. "You just have to walk through the door and be ready, willing and able and excited to show up and work and you've got a job," Deegan told the reporter.

- ()**1**. What was Deegan mainly struggling with in 2013?
 - A. Emotion management.
 - B. Interpersonal relationship.
 - C. Work-life balance.
 - D. Alcohol addiction.
- ()**2**. What led to Deegan's decision to start a baking business?
 - A. Receiving encouragement from friends.
 - B. Seeing people running to get cookies.
 - C. Working previously in the baking industry.
 - D. Wanting desperately to gain total control.
- ()**3**. What makes Deegan's hiring approach unique?
 - A. She values employees who love baking.
 - B. She offers training to inexperienced workers.
 - C. She hires people eager to work despite their past.
 - D. She prioritizes creativity over qualifications.
- ()**4**. What can be a suitable title for this text?
 - A. Overcoming addiction: a new beginning of life
 - B. From struggle to success: a story of rebuilding life
 - C. Pie crust cookies: the key to success
 - D. The art of baking: turning life around

B [2025 · 广东深圳高二期末]

The message is drummed into us from childhood: forgive people who've wronged you, because it's the right thing to do. Forgiveness is a virtue, we're told—the only way for us to truly move on and heal, freed from the baggage of bearing ill will.

However, I'm not buying it. Forgiving someone can indeed be a beautiful thing, but it's not always what's best for us. In fact, if someone has hurt you deeply and the relationship isn't healthy, trying to "fix" things can do more harm than good.

Most of us would probably agree that forgiving a wrongdoer means letting go of negative feelings—like anger and resentment towards them, as if nothing happened. Actually this isn't helpful. It pressures us to minimize our feelings and revise our boundaries—to say "it's OK" when for us, it isn't. While it's not a good idea to focus on negative thoughts, recognizing and processing all of that pain is an important part of the healing journey. And when someone doesn't make us feel seen or safe, forgiving them can actually reduce our self-esteem.

A 2010 research paper published in the *Journal of Personality and Social Psychology* found that folks who forgave partners that didn't make them feel valued had less respect for themselves. Letting minor offence that happens now and again slide can be great for any relationship, but repeatedly forgiving bad behaviour can encourage that person to keep hurting you.

At least, that's what 2011 research by psychology professor James McNulty argues. He found that when a partner was more likely to forgive those acts, the aggressor was more likely to keep committing them. McNulty suggests that this is because facing the consequences of their actions is what motivates people to change their ways, and being offered <u>a clean slate</u> can be a kind of pass to avoid making changes. So forgiving frequent and major offence, like verbal or physical abuse, can do more harm than good.

For me, this speaks to the core tension in the idea. Instead of looking to forgiveness like a magic medicine, we can focus on recognizing what happened and coming to terms with it, however that looks for us and without any sense of obligation towards our offender.

- ()5. What does the author think about the message in Paragraph 1?
 - A. It's reasonable.
 - B. It's debatable.
 - C. It's convincing.
 - D. It's unquestionable.
- ()**6**. How does the author develop the text?
 - A. By making comparisons.
 - B. By giving statistics.
 - C. By quoting researchers' views.
 - D. By sharing his own experiences.
- ()7. What do the underlined words "a clean slate" in Paragraph 5 probably mean?
 - A. A repeated offence.
 - B. A magic medicine.
 - C. A terrible consequence.
 - D. A complete forgiveness.
- ()8. Which can be the best title of the text?
 - A. Forgiving is always a virtue
 - B. Forgiving can change everything
 - C. Forgiving others sometimes depends
 - D. Forgiving others always seems impossible

● 写作
第一节 应用文写作 (满分15分)
[2025·陕西西安高二期末]
假如你是李华,寒假期间你市将举办首届
美食节,组委会打算招聘一些英语志愿者,请你
用英语写一封申请信。内容包括:
1. 写信目的;
2. 介绍自己为何符合志愿者要求;
3. 表达期望。
注意:1. 写作词数应为80个左右;
2. 请按如下格式在相应位置作答。
参考词汇:协调 coordination
Dear sir/madam,
I am writing to express my interest in the
volunteer position,

班级

姓名

答题区号

阅 读 理 解

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Yours sincerely, Li Hua

第二节 读后续写(满分25分)

阅读下面材料,根据其内容和所给段落开 头语续写两段,使之构成一篇完整的短文。

Max arrived at an office, for his first interview. He used to live with his parents. He was frustrated with his parents blaming him for every little thing he did at home.

While waiting for the interview, he was thinking, "Only if I succeed in today's interview will I say goodbye to my parents' house and settle down in the big city, which will let me avoid having to listen to my parents' complaints about little things all the time."

He started thinking about little things his parents used to blame him for—how his mother asked him to make his bed after he woke up. If he left the bathroom door open, his mother would ask him to close the door and before that check if the tap was turned off properly. How his father asked him to switch off the fan or light before he left. How his mother always blamed him for not keeping things at the right places.

While thinking about all these, he thought, "Why should I listen to their words? Why should I do all these? If I get a job, I will definitely leave their home."

When looking around, Max saw that there were many candidates sitting in that office. He saw that the light in the office was still on and it was ten o'clock in the morning. Remembering his father's words, he got up and switched off the light. When he saw that water was falling from the water cooler kept at the office, he went to turn off the tap properly.

It was time to go up to the second floor for the interview; everyone went upstairs in turn. On the way up the stairs, a chair stood in the way, and the other candidates bypassed it, but Max removed it, set it aside, and walked to the second floor.

Now, as Max waited outside, he saw the candidates in front of him keep going in and coming out immediately. After talking to these people, he learned that the interviewers didn't ask them anything.

注意:续写词数应为150个左右。

Paragraph 1:

It was Max's turn to be interviewed.

Paragraph 2:

After the interview, Max reached home and hugged his parents.

Jnit 1

● 单句填空(每小题 1.5 分,满分 15 分)

- The (conclude) of the experiment showed that the system remained steady under varying conditions, proving its stability.
- 2. The _____ (vary) of plants in the garden attracts many butterflies and bees, making it a lively place throughout the year.
- Many students elect (take) part in extracurricular activities, as it enriches their school life and enhances their social skills.
- It was _____ (evidence) that she had worked hard on her project, as the results showed significant improvement over previous attempts.
- 6. His _____ (selfless) behaviour at the party upset many guests, as he only cared about his own enjoyment.
- 7. Your parents may _____ (approve) of your decision to travel abroad during the semester, so it's best to discuss it with them first.
- 8. One of my (memory) childhood experiences was learning to ride a bike with my father in our neighbourhood.
- 10. Living on campus for three years left me a bond _____ other boarders in the same dorm.
- 短语填空(每小题2分,满分12分)
- No doubt that whoever has a say on this matter should

(对……负责任) its consequences.

2. To make the landlord less worried, he ______(承诺) to pay

the rent on time last night.

- As a consequence, the man who was not professional was placed
 (管理) the department.
- Seeing the rising flames, we instantly became (意识到) the danger approaching us.
- 5. Ken was _____ (正在做……) paying his bill when Neil came up behind him.
- 6. Apart from daily life, the librarian _____(留出) some time to play golf once in a while.
- 句型训练(每小题3分,满分12分)
- If I ______, I will make an effort to help others.(enough) 如果我有幸当选,我会努力帮助他人。
- I _______ the first time I heard the sweetest voice in the wide world. (强调 谓语)
 我确实记得我第一次听到广阔世界上最甜 美的声音(时的情景)。
- Attracted by the beautiful scenery, we _____, capturing the precious moment forever. (have) 被美景所吸引,我们拍了些照片,将这宝贵的瞬间永久保存。
- **4**. ______, we should attach significance to protecting the environment. 无论代价如何,我们都要重视保护环境。

● 语法填空(每小题 1.5 分,满分 15 分)
 [2025・河北石家庄高二期末]

With China's population expected to continue rising in the coming years, the government understands the 1. (important) of agriculture. It also understands that university graduates can help come up with better ways to grow crops, and develop new, creative ways of farming using modern technology. To help these young people 2. _____ their bright and innovative ideas, the government is providing 3. _____ (finance) help. Business development loans are becoming 4. _____ (easy) for these young people to obtain, too. Government policies that aim to eliminate poverty 5. _____

(be) also having a beneficial effect.

"Life in big cities is not all it's cracked up to be," said Zhang Tao, from Binchuan County in Yunnan Province, 6. ______ (add) that the air was bad, transport was terrible, and that 7. ______ was hard to make a decent living. What life in one's hometown offers is a strong support network. More importantly, this network is also 8. ______

good one for getting new agribusinesses up and running quite 9. _____ (quick). Thus, it is no surprise that more new graduates are now attracted to life in the country, 10.

they can fulfil personal goals and contribute to their local communities rather than just being whitecollar professionals in big cities.

♥ 阅读理解(每小题 2.5 分,满分 10 分)
 「2025・广东深圳高二期末」

When I stepped into my sister's house, I could feel the tension among the family members. My nephew was complaining that current allowances are insufficient to cover his expenses and questioning why he cannot be trusted. Financial literacy (素养) is a totally new word to his parents and, in their mind, parents are supposed to be extremely tight on kids' money.

As raised in a traditional way, we are constantly told to spend a fixed amount of money in a particular period, with everything arranged. The lack of financial literacy among teens is mainly due to the fear of losing control, which has overshadowed the importance of introducing genuine ideas that can promote independence and responsibility tied to financial autonomy. This mindset implies that if you just follow the parents' plan, seemingly you succeed in managing your money. Still, each year heartbreaking news about college students who are involved in unaffordable debt keeps popping up.

Having financial literacy, however, has more benefits than expected. At best, teens with self-discipline would appreciate the trust and make informed financial decisions. Even at worst, the cost of making mistakes in teenage years is relatively low and admitting the mistakes honestly may open the door to some constructive feedback and financial tips.

True financial literacy isn't simply about carrying out a strict or loose strategy on spending but teaching teenagers to differentiate between necessity and desire, and making wise choices. But managed properly, both bread and Air Jordan shoes can be obtained. With Air Jordan shoes ahead, the difficulty in making and saving money makes us appreciate the value of Budgeting, planning efforts. for your expenses, helps you make decisions of consequence and resist temptations.

Once teens demonstrate responsible management of cash-based expenses, it is time to consider upgrading. However, teens may not be fully equipped to travel in the complex financial landscape without enough supervision and support. After all, financial autonomy comes with responsibilities.

- ()1. What is the function of mentioning the author's nephew?
 - A. To explain a difficult concept.
 - B. To draw a persuasive conclusion.
 - C. To give a reasonable prediction.
 - D. To present a convincing example.
- **)2**. Why do we need financial literacy?
 - A. It guarantees more control on money by parents.
 - B. It stresses the necessity of producing genuine ideas.
 - C. It helps generate independence and responsibility.
 - D. It increases the risk of having an unaffordable debt.

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- ()**3**. Which pair is similar to bread and Air Jordan shoes?
 - A. Tasty dumplings and cheap stationery.
 - B. Instant noodles and all-star game tickets.
 - C. Worn-out jeans and plain basketball caps.
 - D. Latest electronic devices and rare goods.
- ()**4**. What is the purpose of the passage?
 - A. To motivate teens to have financial literacy skills.
 - B. To tell reasons why teens fail to manage their finance.
 - C. To teach teens how to spend money reasonably and wisely.
 - D. To analyse the pros and cons of having financial autonomy.

● 完形填空(每小题1分,满分15分)

During my time in middle school, whenever there was a launch of American astronauts, black and white TVs would roll into classrooms. Astronauts became my heroes, and when the 1 came as to what I wanted to do when I grew up, the answer was 2.

On July 20, 1969, I sat in Yankee Stadium. I remember the game was <u>3</u> by the news that the *Apollo 11* lunar module had landed on the moon. That evening, I stayed up, rewarded by the <u>4</u> of Neil Armstrong and Buzz Aldrin stepping onto the moon for the first time. Before, during, and after the mission, did they <u>5</u>? Though I never walked on the moon, almost 32 years after that day, I earned a(n) <u>6</u> to understand it.

On February 7, 2001, I was fastened into my seat as the <u>7</u> boarded the *Space Shuttle Atlantis*. Was I worried? Yes. About my <u>8</u>? No. As the launch clock counted down, I thought of my <u>9</u>. I had to do my job well—or I would <u>10</u> the whole team. This mission wasn't about me. As I began to drift, a crewmate grabbed me and pressed my face to a window. I was overcome with <u>11</u> when I looked at the majesty of our planet from 200 miles above.

Watching the world go by at <u>12</u> five miles per second creates an unparalleled perspective: it's nearly <u>13</u> to tell where one country's border ends and another begins. I am driven to <u>14</u> what I learned during my time as an astronaut. Humans have to teach ourselves to <u>15</u> peacefully and sustainably that's the true legacy of *Apollo 11*.

una			rue legacy of m		11 ,
()1.	Α.	subject	В.	battle
		C.	question	D.	matter
() 2 .	Α.	perfect	В.	accurate
		C.	easy	D.	reasonable
() 3 .	Α.	interrupted	В.	spoiled
		C.	postponed	D.	stopped
() 4 .	Α.	events	В.	sights
		C.	phenomenon	D.	imagination
() 5 .	Α.	succeed	В.	worry
		C.	insist	D.	understand
() 6 .	Α.	chance	В.	attempt
		C.	capability	D.	platform
() 7 .	Α.	volunteer	В.	passenger
		C.	pioneer	D.	pilot
() 8 .	Α.	health	В.	commitment
		C.	safety	D.	reputation
() 9 .	Α.	objectives	В.	responsibilities
		C.	concerns	D.	options
()10	. A	. disappoint	В.	trouble
		C.	annoy	D.	shock
()11	. A	ambition	В.	emotion
		C.	disbelief	D.	suspicion
()12	. A	. regularly	В.	precisely
		C.	barely	D.	roughly
()13	. A	. impossible	В.	logical
		C.	unnecessary	D.	convincing
()14	. A	. let go of	В.	look ahead to
		C.	reflect on	D.	look into
()15	. A	tempt	В.	challenge

C. innovate D. coexist